



DIRECTIONS

novatoaauw.org

November, 2021

November/early December Highlights



- 11-7 End of Daylight Savings Time
- 11-10 Wednesday Walkers (1)
- 11-17 Wine Down
- 11-17 AAUW's 140th Anniversary Celebration
- 11-24 Wednesday Walkers (2)
- 11-25 Thanksgiving Day
- 12-3 Deadline for See's candy orders
- 12-7 Novato Branch Board Meeting

PRESIDENT'S MESSAGE

Boo! The holidays are upon us now and I am a little scared. Not because of leftover Halloween ghouls, but I seriously overschedule myself and then lose track of important details. Balancing work, family, self care, hobbies, and other pursuits is not one of my strengths. (In fact, I owe Sue P. an email; I just remembered.) So I will leave you with some quotes about life-balancing:

"Making appointments with yourself and scheduling other things around them is key to proactive self-management." - Michael Hyatt

"With technology and over-scheduling, we are forgetting to invest time in simple connective moments with others." - Michelle Gielan

"You need the intention, good scheduling, and you have to be creative. If you don't find time to practice, one of the three is missing." - Elizabeth Mattis-Namgyel

"Mandating innovation is an oxymoron, maybe not as absurd as "scheduling spontaneity," but perilously close." Eric Weiner

I hope everyone has a wonderful holiday season and is able to slow down a bit.

Cindy Demchuk

Novato Branch President ckbarr66@hotmail.com

MEMBERSHIP

Our current membership stands at 47.

The branch Membership Directory for 2021-2022 was sent out (US mail) the end of October. If you did not receive your copy, contact Kathleen Gallivan krgallivan@hotmail.com.

WE'VE LOST MEMBER ALEEN LEMESH, D.C.

We have just learned that Aleen Lemesh, a member only since 2017, passed away in June of this year. Aleen was a chiropractor and a delightful personality, as many of you who came to Wine Down pre-COVID can attest. We have no details beyond the bare fact; that it took so long to discover the news is due to the isolation we've had to endure during the pandemic. Aleen's smile will be missed at the Trek gatherings.

MEMBER NEWS

WINTER PARTY/WINTER EVENT

We've had many comments from members about the September meet up event and how wonderful it was to see everyone **in person**. So, at the last board meeting a Winter Party/Winter Event was discussed so that we could have another in person activity. We are currently looking for an end of January date and thinking potluck and some other festivity to brighten the winter days. We'll keep you informed and if you have any comments, please sent a note to your newsletter editor (ehutchin@earthlink.net).

TRICK-OR-TREAT: THANK YOU!

Once again our members have come through generously for our Trick-or-Treat fundraiser. To date we have collected \$1425 to share between AAUW Fund and Tech Trek, and there are six pledges yet to come in (you know who you are! 😊).

It was lovely to get out once more in person, in a pleasant break in the very welcome rain, to see small children out again in all their delightful costumes, and to gather at Moylan's for a celebratory dinner with fellow volunteers. Cindy Demchuk, Linnea Leroux, Lois St. Sure and Kathleen Gallivan were the volunteers, thanking all the contributors to this wonderful success.



TIME FOR SEE'S CHOCOLATES



Okay, now the holidays are approaching apace. You know you need some See's chocolates for the occasion, and for gifts. You all have your flyers (included with your membership directory in the October mailing) and three proactive members have already sent in their orders!

This is our last fundraiser of the year and, as was the Trick-or-Treat, it will be split between AAUW Fund and Tech Trek. Get your order to Kathleen Gallivan by December 3 and she will deliver your chocolates tout de suite!

WINE DOWN

Please join your AAUW friends for Happy Hour at Trek Winery on Wednesday, November 17thour new time....4-6 pm and now changed to the 3rd Wednesday of the month. Relax and bring a new friend while we brace for the upcoming HOLIDAYS. See you there.

WEDNESDAY WALKERS

There are two chances to hike each month. The second Wednesday of the month is generally a shorter, gentler stroll; the fourth Wednesday can involve some hills and/or a longer route. Please RSVP to Gail Jackson, 415-897-7696, unless otherwise noted below. In general we will carpool from the DeLong Safeway parking lot adjacent to the electric vehicle charging stations. Give Gail a call if you'd like to meet us at the trailhead.

Nov 10 Corte Madera Marsh. 2-ish flat miles on the bay near The Village, Corte Madera. Carpool from Novato Safeway lot at 9:30 or meet in the overflow parking lot near Nordstroms in Corte Madera at 10.

Nov 24 Helen Putnam Regional Park, Petaluma. 3 to 4 miles with rolling hills. Carpool from Novato Safeway lot at 9:30 or meet at east side entrance at 10. (Take D Street west; right on Windsor Drive; park near intersection of Windsor and Oxford Court. Do not follow any directions to west side entrance.)



AAUW NEWS

140th ANNIVERSARY CELEBRATION - Please join AAUW for a virtual celebratory event honoring our rich past and looking ahead to a bright -- and equitable -- future on Wednesday, November 17th at 1 pm PST. A number of announcements and presentations will be included in this celebration, including speaker Julia Brown, AAUW Board Chair, and new CEO, Gloria L. Blackwell. Register for the webinar [here](#).

Note: AAUW is 140 years old! AAUW California is 100 years old! AAUW California began when the San Francisco Branch was established in 1884. By 1921, with thirteen active branches in the state, branch leaders saw a need for a statewide organization. The constitution for AAUW California was approved in October 1921. In 2021 AAUW California is an active and diverse organization for women and men with nearly 9,500 members in 119 branches.

THE 2022 STATE CONVENTION NOW THE 2022 ANNUAL EVENT – The state convention has been renamed the Annual Event and will be held virtually on Saturday, April 22, 2022. A new format has been designed for this event with a morning session of keynote speakers, awards and accomplishments, an advocacy review and other informative presentations. The afternoon will let you choose sessions of interest to you (via breakout rooms).

AAUW FUND EVENTS – If you missed any of the AAUW Fund Events (there were three) that featured the 37 AAUW fellowship and grant recipients who shared their fascinating work on a variety of topics, you can still watch their presentations. All of the presentations were recorded and you can watch them [here](#).

AAUW OPPORTUNITIES - the latest newsletters from the California AAUW organization contained a number of notices that various areas are looking for help –

- Sign up to “host” a breakout room on a topic of your choice at the Annual Event (April 22, 2022). To learn more about this opportunity, click [here](#).
- The communications team has two opportunities to work with the team – a volunteer with Web Design and solid Website Maintenance experience and also looking for a Graphic Artist. If interested, please submit an application [here](#).
- The California state board also has openings – if interested click [here](#).

TECH TREK – We have heard that discussions are in process about the possibility of in person camps for 2022. There are of course a lot of issues, but we’ll try to keep you informed if there is any change from the previously planned virtual camp.

NOVATO BRANCH BOARD MEETING

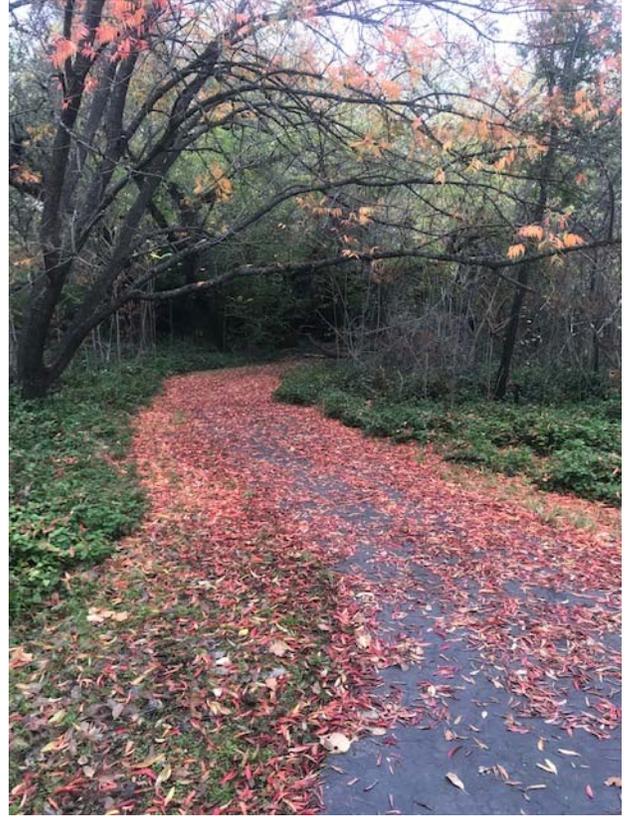
The next board meeting will be TUESDAY December 7, 5:30 p.m. Please contact president Cindy if you wish to attend. She will send you the Zoom link needed to enter the Zoom waiting room, from which she can admit you to the actual meeting.

PICTURES

We have some wonderful pictures this month



Halloween! From Cindy Demchuk



Fall Colors – From Sue Potter

From your newsletter editor –

As always, I hope to hear from you with any news or pictures that you would like to share in the newsletter. So send pictures for the newsletter!

This month officially starts the 'holiday season' -- best wishes to all!

Eileen Hutchinson, *Newsletter Editor*
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Submissions for articles written by members or news articles of interest are always welcome. Feel free to email me if you have something interesting you would like to share and it may be added to the newsletter.